

A new year, a new you

by Theresa Schnider, club president

TOP 10 PUBLIC SPEAKING TIPS

1. Know the room
2. Know the audience
3. Know your material
4. Relax
5. Visualize yourself giving your speech
6. Realize that people want you to succeed
7. Don't apologize
8. Concentrate on the message - not the medium
9. Turn nervousness into positive energy
10. Gain experience.

The start of a new calendar year, and as Hank Mix would remind us, the true start of the new millennium, is a perfect opportunity for us to reset, reassess, and renew our goals and commitment to Toastmasters – even if the Toastmaster’s year is only halfway over. Where are you in your goal-achieving progress?

Maybe, your goals for the Toastmaster year were educational ones. Have you reached the goals you set for yourself – either in Wayne Owens’ educational challenge or your own personal challenge? Have you reached the milestone you thought you would? Have you finished what you need, to be able to complete your goal in time for the Toastmaster year end? How many more speeches do you have to finish your CTM? Your ATM? Or, like Carol Wolken, how close are you to finishing the requirements for your DTM? When will you schedule your remaining speeches?

Maybe, your goals for the Toastmaster year were not educational goals – maybe, your Toastmaster goals were in the direction of leadership, participation, marketing, or another avenue. Did you commit to bring a guest for Steve Pracht’s marketing campaign? Did you bring a guest? When will you bring a guest? What is the next step you can take to complete your goal by July?

Maybe, you have a competitive spirit and your goal is to compete in a contest. Your next opportunity to do that would be in the club International speech contest in January, 2001. A five to seven minute speech, any topic, the crème de la crème of Toastmasters – have you written your speech yet?

And maybe for this year, you didn’t set any goals for Toastmasters. Because goals are very personal choices, decisions and priorities, not having any goals for this aspect of your life shouldn’t lessen your commitment to enthusiastically and energetically participating when time allows.

If you think there are inhibitors at T-Toasters for accomplishing your goals, let’s talk about those inhibitors. Call any of the club officers to discuss the inhibitors, bring up the inhibitors at a business meeting or after the meeting at the Mellow Mushroom. T-Toasters is a high-performance team which means no one should be stymied in achieving their Toastmaster goals in our club environment.

I challenge you to reset, reassess, and renew your T-Toaster goals at this midpoint of the Toastmaster year and the start of the new calendar year. Together, we can continue our destiny as Georgia’s #1 club! Happy New Year!

FAMOUS TOASTMASTERS INCLUDE...

Tim Allen, actor
 James Brady, fmr press secretary
 Peter Coors, of Coors Brewing
 Debbie Fields, of Fields Cookies
 Tara Holland, Miss America 1997
 Billie Jean King, tennis pro
 James Lovell, astronaut
 Sam Nunn, Georgia senator
 Pat Roberts, U.S. Congressman

Current member profile: Kurt Batsel

by Kurt Batsel, ATM-B, CL

I am glad to have the opportunity to update you on how my new job is going. My new company name is The Dextra Group and we specialize in helping industrial clients manage their environmental programs. “Dextra” means “right hand” in Latin - our objective is to function as the industrial environmental manager’s right hand.

Our clients range from large industries like TRW Inc. and Georgia Power to small local clients. This has caused us to be very busy and has required extensive travel. Since T-Toasters meetings fall in the middle of the week, I’m unable to attend most of the meetings. I have, however, been able to attend some Toastmasters meetings at TRW’s Headquarters office while I was there.

Toastmasters has been very beneficial to me and helps in many ways, some unexpected. I joined primarily for table topics so I could become a more polished impromptu speaker. Even though I am still not very comfortable in “off-the-cuff” speaking now, I am always finding additional benefits. For example, on a recent assignments I was managing a small team working on an extensive database of site cleanup costs. Our database administrator had to make frequent presentations to management on the sites status. Prior to my taking the assignment, she had started going to Toastmasters. I was able to encourage her to continue with Toastmaster and even helped her set a goal for 2001 of getting her CTM. My familiarity with the program was a big asset in helping encourage this new Toastmaster.

I miss you guys and hope to be able to return to meetings before too long.

On track toward leadership

Education in Toastmasters is a never ending cycle. When a Toastmaster receives the Competent Toastmaster award (CTM), there's still two more tracks to follow. Below are the requirements of the Advanced Toastmaster track and the Competent Leader track.

Advanced Toastmaster-Bronze (ATM-B)

- Achieved CTM.
- Completed two Advanced Communication and Leadership program manuals.

Advanced Toastmaster-Silver (ATM-S)

- Achieved ATM-B status.
- Completed two additional advanced manuals (not including those in ATM-B).
- Conducted two programs from the Better Speaker Series/Success Club Series.

Advanced Toastmaster-Gold (ATM-G)

- Achieved ATM-G status.
- Completed two additional advanced manuals (not including those in ATM-B/S)
- Conducted a registered Success/Leadership Program, Success/Communication Program, or a registered Youth Leadership Program.
- Coached a new member with first three speech projects.

Competent Leader (CL)

- Achieved CTM.
- Served at least six months as a club officer.
- Participated in a District-sponsored training program while a Club officer.
- Conducted any two programs from the Successful Club Series.

Advanced Competent Leader (AL)

- Achieved CL.
- Served a complete term as a District Officer.
- Completed the High Performance Leadership program.
- Served successfully as a Club Sponsor, Mentor, or Specialist.

Note: Multiple CTMs are also permissible.

A holiday full of cheer

On Sunday, December 3, Club President Theresa Schneider held a grandiose party at her house, marking the start of the holiday season. Theresa's beautifully decorated home was filled with a multitude of snacks, spirits, and holiday cheer. From fascinating stories to hearty laughs, it was clear everyone had a wonderful time.

On Wednesday, December 13, Hervey Ross hosted the annual T-Toasters' Christmas party. After refreshments, the meeting was held and featured lively speeches plus a sing-along of favorite Christmas carols. Sadly, despite his pleadings, Hervey was left with quite a few bottles of Coke.

All of us at T-Toasters appreciate the time and effort that both members put into these activities. Thank you from all of us!

"Quotable Quote"

"People are very fond of giving what they need the most themselves."

Spoken by Lord Henry
in Oscar Wilde's
A Picture of Dorian Grey

Information about T-Toasters

T-Toasters meets every Wednesday at 2100 RiverEdge Parkway. Meetings run from 6:00 p.m. to 7:30 p.m.

The Toastmasters program consists of impromptu talks, prepared speeches, and also evaluations of the prepared speeches.

Further information and directions can be obtained by emailing our officers listed to the right, or from our website located at: <http://electrowebmedia.com/ttoasters/>



Calendar of Events

February 14

Garden Club Meeting

March 6

Better Speakers presentation at Hervey's church group

March 28

Meeting at Hervey's church

New Members

Kristy Mitchell

Joined December 20, 2000

Achievements

Nov. 8

Ed Gandia achieved his CTM.

Nov. 29

Carol Wolken won T-Toasters' Tall Tales Contest

D.C.P. Progress

As of December 1, T-Toasters has met four out of the ten goals in the Distinguished Club Program.

For complete details, visit: www.toastmasters.org/creports/crptlist/C1507804.

Club Officers

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